

December 19, 2025

Editor-in-Chief

Healthmed Journal of Pharmaceutical Sciences

Subject: **Manuscript Submission: Self-Medication Practices in Bangladesh**

Dear Editor-in-Chief,

We hereby submit our original research manuscript entitled “**Self-Medication Practices in Bangladesh: A Comparative Cross-Sectional Study Between Urban and Rural Communities**” for consideration for publication in the *Healthmed Journal of Pharmaceutical Sciences*. This manuscript is submitted as a **Research Article** and is not under review or published elsewhere.

This study is a community-based cross-sectional survey conducted among 530 respondents from urban and rural areas of Bangladesh. It examines the prevalence, patterns, and determinants of self-medication practices, with a particular focus on the inappropriate use of prescription-only medicines such as antibiotics, NSAIDs, and acid-suppressing drugs. The urban rural comparison offers important insights into disparities in healthcare access, medicine-use behavior, and the role of retail drug outlets in self-medication practices.

The findings of this study are relevant to the journal’s scope, especially in the areas of **pharmacy practice, community pharmacy, rational use of medicines, and public health**. The results highlight critical regulatory and educational gaps and provide evidence that may support policy development and targeted interventions to promote safe and rational medicine use.

All authors have read and approved the final manuscript and agree to its submission to your journal. The authors declare that there are no conflicts of interest and that no external funding was received for this study. Ethical standards were maintained, and informed consent was obtained from all participants prior to data collection.

We sincerely appreciate your time and consideration of our manuscript. We look forward to your valuable comments and hope that our work will be considered suitable for publication in the *Healthmed Journal of Pharmaceutical Sciences*.

Yours sincerely,



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